



**American
Red Cross**

First Aid/CPR/AED r.25 Instructor and Instructor Trainer Update Instructions

Program Release: December 2, 2025

The American Red Cross has released the 2025 First Aid/CPR/AED Instructor and Instructor Trainer Update on the Red Cross Learning Center. This update includes revised course materials, updated science and guidelines, and streamlined teaching tools. All instructors and instructor trainers must complete the update to maintain certification. Instructor and/or IT certifications must be current to access this update.

- Upon completion of the update, **Instructors** will be issued an updated First Aid CPR/AED Instructor certification, valid for 2 years.
- Upon completion of the update, **Instructor Trainers** will be issued the following:
 - First Aid/CPR/AED Instructor certification, valid for 2 years.
 - First Aid/CPR/AED Instructor Trainer certification, valid for 2 years

Instructors may still teach basic-level courses in the previous edition (r.21) program through August 31, 2026. Only r.25 courses may be taught on September 1, 2026.

- Instructor Trainers may only teach r.25 instructor-level courses after December 1, 2025.

Please follow the instructions below to register for the update. If you are an Instructor Trainer, you will only take the Instructor Trainer Update.

- Step 1: Login to the [Red Cross Learning Center](#) .
- Step 2: Select the appropriate Instructor certification below to register and launch the update.
 - [First Aid/CPR/AED Instructor](#)
 - [First Aid/CPR/AED Instructor Trainer](#)

Complete the online update by August 31st, 2026. **Please allow up to two business days for your new, r.25 instructor (and/or instructor trainer) certification to appear in your Red Cross Learning Center account.**

After logging in to the Red Cross Learning Center and selecting the appropriate link from the previous page, select "Register", then select "Launch" to launch the online update.

The screenshot shows the American Red Cross Learning Center interface. At the top, there is a navigation bar with the American Red Cross logo, a search bar, and a user profile dropdown. Below the navigation bar, there is a main header for "First Aid/CPR/AED Instructor Trainer Update-r.25". The main content area is divided into three sections: "Plan activities", "Instructors", and "Classroom Schedule and Location".

Step 1: Select "Register" - An arrow points from this callout box to the "Register" button in the "Instructors" section.

Step 2: Select "Launch" - An arrow points from this callout box to the "Launch" button in the "Plan activities" section.

The "Plan activities" section shows an "Online Session*" for "First Aid/CPR/AED Instructor Trainer Update r.25" with a "Launch" button. The "Instructors" section shows "There are no instructors". The "Classroom Schedule and Location" section shows "There is no content".